

ESDA

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EDN

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AUTUMN/WINTER MENU WEEK 1

Week starting: 4 Sept • 25 Sept • 16 Oct • 13 Nov 4 Dec • 1 Jan • 22 Jan Week starting: 11 Sept • 2 Oct • 30 Oct • 20 Nov • 11 Dec 8 Jan • 29 Jan

AUTUMN/WINTER MENU WEEK 2

Beef Meatballs in Mediterranean Sauce with Pasta

(v) Vegetarian Curry with Rice

Pea and Sweetcorn Medley

NEW - Mini Chewy Bar with Fresh Apple Wedges

Week starting: 18 Sept ● 9 Oct ● 6 Nov ● 27 Nov ● 18 Dec ● 15 Jan ● 5 Feb

AUTUMN/WINTER MENU WEEK 3

Breaded Chicken Fillet - NEW Tomato Pasta (v) Lentil Moussaka - NEW

Mini Shortbread with Fresh Apple and Orange Wedges

Mixed Salad

Hearty Beef Bolognaise with Pasta Twists
(v) Veggie Balls in Mediterranean Sauce with Steamed Rice
Cauliflower and Sweetcorn

Brownie Slice

Succulent Roast Pork with Apple Sauce
(v) Lentil Roast
Roast Potatoes
Green Beans, Carrots and Gravy

Locally-Sourced Vanilla Ice Cream

Hunter's Chicken with Savoury Rice
(v) Italian Bean Bake
Pea and Sweetcorn Medley

Apple Crumble with Custard

Breaded Fish Fingers or Salmon Fingers
(v) Quorn Sausage
Chips
Garden Peas or Baked Beans

Carrot Cake

(v) Dizza

(v) Pizza Jacket Potato Wedges

(v) Vegetarian Enchilada with Steamed Rice
Mixed Salad

Mini Cocoa Crunch with Fresh Orange Wedges

Local Pork Sausages
(v) Courgette and Tomato Frittata - NEW

Mashed Potato Baked Beans

Shortbread Biscuit

Roast Chicken with Stuffing
(v) Shepherdess Pie
Roast Potatoes
Carrots, Broccoli and Gravy

Fresh Fruit

Hearty Beef Bolognese with Pasta Twists

(v) Vegetarian Bean Chilli with Steamed Rice - NEW

Sweetcorn

Homemade Sponge with Sauce

Breaded Fish Fingers
(v) Country Vegetable Flan
Chips
Garden Peas or Baked Beans

Autumn Feast Sponge - NEW

Turkey 'One Pot' with a Herby Scone - NEW Baby Boiled Potatoes

(v) Cheesy Pasta Green Beans

Fruit with Jelly with Cream

Traditional Roast Beef with Yorkshire Pudding
(v) Quorn Sausage with Yorkshire Pudding
Mashed Potato
Carrots, Cabbage and Gravy

Fresh Fruit

Mild Chicken Tikka Masala with Steamed Rice - NEW Naan Bread

> (v) Vegetarian Bolognese with Pasta Broccoli

'All Time Favourite' Toffee Cream Tart

Krispy Fish
(v) Veggie Burger
Chips
Garden Peas or Baked Beans

Fruity Flapjack

Fresh Bread, Fruit, Milk Drink and Water available Daily

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Subject to alteration