



**norse**  
CATERING



*Fresh Ideas Feeding Minds*

# Spring / Summer

## Menu 2024



Introducing our Spring/Summer School Lunch Menu, offering high quality, varied dishes using local and seasonal ingredients where possible!

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from East Anglian suppliers.

A full allergen list for this menu can be found on our website

[www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our **Allergen Aware Registration Form** which can be found in the school office or on our website.

We use **wholewheat flour** in our bread and pastry recipes!

In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events — please check details with your school.

If you think your child/children may be eligible for a **free school meal visit**

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

[www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Please note the menu may be subject to change to meet local needs.



# Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza and Tomato Pasta Salad (v)	Beef Meatballs with Tomato Sauce in a Sub Roll with Potato Wedges	Roast Chicken with Stuffing, Mashed Potato and Gravy	Chicken and Sweetcorn Pasta	Breaded Fish Fingers and Chips
Hot Option 2	Tex Mex Chilli and Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pie with Gravy (v)	BBQ Plant Balls with Steamed Rice (v)	Tomato and Courgette Omelette and Chips (v)
Jacket Potato	Jacket Potato with Choice of Two Fillings Choose from Tuna Mayo, Cheese and Baked Beans				
Served with	Peas and Sweetcorn	Mixed Salad	Carrots and Green Beans	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Orange Cupcake	Strawberry Ice Cream	Toffee Cream Shortbread	Cocoa Krispie Bar	Summer Berry Muffin
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Popcorn and Orange Cupcake	Ham or Cheese Sandwich, Pizza Finger, Melon Wedge and Strawberry Ice Cream	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Toffee Cream Shortbread	Tuna Mayo or Cheese Sandwich, Sultanas, Orange Wedges and Cocoa Krispie Bar	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Summer Berry Muffin

Week One: 15 Apr | 6 May | 3 Jun | 24 Jun | 15 Jul | 16 Sept | 7 Oct — Fresh Fruit Available Daily

# Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza and Potato Wedges (v)	Breaded Chicken Goujons in a Wrap with a Dip and Savoury Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Cheesy Pasta (v)	Breaded Fish Fingers and Chips
Hot Option 2	Homemade Bean Burger in a Roll with Potato Wedges (v)	Plant Sausages and Tomato Pasta (Ve)	Vegetable and Tomato Pastry Plait with Roast Potatoes and Gravy (v)	Cauliflower, Chickpea and Potato Curry with Steamed Rice (v)	Garden Vegetable Goujons and Chips (v)
Jacket Potato	Jacket Potato with Choice of Two Fillings Choose from Tuna Mayo, Cheese and Baked Beans				
Served with	Sweetcorn	Crunchy Veg Sticks	Carrots and Peas	Mixed Vegetables	Peas or Baked Beans
And for Pudding	Vanilla Cupcake	Cocoa Oatcake	Shortbread	Fruit Jelly	Cherry Bakewell Cupcake
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Popcorn and Vanilla Cupcake	Ham or Cheese Sandwich, Pizza Finger, Melon Wedge and Cocoa Oatcake	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Shortbread	Tuna Mayo or Cheese Sandwich, Popcorn, Orange Wedges and Fruit Jelly	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Cherry Bakewell Cupcake

Week Two: 22 Apr | 13 May | 10 Jun | 1 Jul | 2 Sept | 23 Sept | 14 Oct — Fresh Fruit Available Daily

# Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza and Potato Wedges (v)	Beef Bolognese with Pasta	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	BBQ Chicken with Savoury Rice	Breaded Fish Fingers or Salmon Fingers and Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Tomato and Bean Bake (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pastry Pinwheel with Chips (v)
Jacket Potato	Jacket Potato with Choice of Two Fillings Choose from Tuna Mayo, Cheese and Baked Beans				
Served with	Crunchy Veg Sticks	Broccoli	Mixed Vegetables	Sweetcorn	Peas or Baked Beans
And for Pudding	Cocoa Mousse	Lemon Shortbread	Marble Cake	Banana Flapjack	Iced Sprinkle Cake
Packed Lunch	Ham or Cheese Sandwich, Salad Sticks, Popcorn and Cocoa Mousse	Ham or Cheese Sandwich, Pizza Finger, Melon Wedge and Lemon Shortbread	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Marble Cake	Tuna Mayo or Cheese Sandwich, Popcorn, Orange Wedges and Banana Flapjack	Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Iced Sprinkle Cake

Week Three: 29 Apr | 20 May | 17 Jun | 8 Jul | 9 Sept | 30 Sept | 21 Oct — Fresh Fruit Available Daily